

Lé Dayya
SPA



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**Each treatment booking gives you exclusive access to our indoor and outdoor wellness area.*

Our treatments and massages are dedicated to relaxation and body harmony, with no therapeutic or medical purpose.

From September to May, spa access is also available without a treatment, by reservation only and subject to availability.

2 hours - €50

Our partner brands

Green Spa

DAYA Spa has chosen Green SPA for its **premium, organic and natural cosmetics, made in France**, vegan and environmentally friendly.

Each product is a perfect fusion of **science and nature**, with ideal textures and captivating fragrances that transform beauty routines into luxurious, sensorial experiences.

Green SPA's uniqueness lies first in its determination to **use organic and natural ingredients**, in a quest for excellence embodied by the prestigious **COSMOS Organic certification issued by Ecocert**.

Secondly, its fragrances offer a true **sensory experience**: an olfactory signature that leaves a lasting impression. The brand works with **artisan perfumers from Grasse**, who use all their expertise to create exceptional compositions. The most precious and rare essences are carefully selected to develop fragrances that enhance every treatment.

PAYOT

Founded in 1920 by Dr Nadia Payot, PAYOT was born in the intimacy of the first French beauty salons.

She placed her expertise at the service of women, combining science and sensoriality. In the 1950s, she created the PAYOT Method, a choreography of 42 movements inspired by dance and by her friend, the famous ballerina Anna Pavlova — a revolution that gave rise to the concept of the facialist.

For over 100 years, the laboratory has combined natural extracts and cutting-edge molecules to create treatments that are both effective and sensorial: melting textures, subtle fragrances... each product reinvents the beauty ritual with elegance and efficiency.

TooFruit

The Made in France brand
for children

TooFruit is the first French organic-certified dermatological brand for children's hygiene and skincare, designed for ages 3 to 12.

The brand selects the finest active ingredients from fruits to create perfect formulas that meet children's needs and desires.

Its products, with natural and delicious scents, are made with 99% natural-origin ingredients and are free from parabens, sulfates and silicones.



Treatments

MASSAGES

Traditional relaxing massage

A slow, cocooning, enveloping and soothing full-body massage.
Absolute relaxation. Ideal for a first massage.

50 min - €115

Invigorating Ayurvedic massage

Originating from India, this tonic and revitalising massage is a truly
rebalancing and harmonising treatment for body and mind.
Ideal for those experiencing deep fatigue.

50 min - €115

Swedish massage

The perfect combination of body relaxation and deep muscular work, this
massage helps eliminate toxins and promotes blood circulation.
Ideal for those wishing to combine these two techniques.

50 min - €125

Foot reflexology

A massage that stimulates the energetic points of the feet, drains and
releases accumulated tension. A feeling of lightness and comfort restored.

50 min - €115

Tailor-made massage

A personalised massage adapted to your needs.

30 min - €65 | 50 min - €125 | 80 min - €170

Back treatment

A combination of purifying and
relaxing techniques.
Skin cleansing, exfoliation,
extraction of impurities, detox
mask and massage.

45 min - €80

Restorative Stretching

A combination of Thai-inspired
stretching techniques. Ideal for
sports recovery and relieving deep
fatigue.

30 min - €65

BODY *Treatments*

Scrubs

Delicious almond scrub by PAYOT.

30 min - €60

Natural organic scrub, fragrance of your choice.

30 min - €60

Wraps

Remineralising detox seaweed wrap.

30 min - €50

Treatment active ingredients **+€5**

Patented slimming active ingredient | Relaxing CBD active ingredient

WELLNESS *Moments*

To be combined with any other treatment according to your wishes.

+15 min - €25

Scalp massage

Revitalising eye treatment – Payot

Relaxing hand treatment – Payot

Comforting foot treatment – Payot

Spa access without treatment: €50 / 2 hours, by reservation and subject to availability.

PAYOT FACIAL *Treatments*

The PAYOT Method

The iconic choreography of 42 movements created by Nadia Payot, the first facialist of her time, for a toning and relaxing effect.

30 min – €60

FACIALIST Expertise – Lift & Radiance

A powerful manual resculpting treatment using quartz accessories.

75 min – €135

SMOOTH Expertise – Finesse & Correction

A smoothing peeling treatment with AHAs and blue chaste tree extract.

60 min – €125

MY PAYOT Expertise – Glow & Vitality

A vitamin-rich illuminating treatment with açai and goji berries.

60 min – €125

SOURCE Expertise

An intensely hydrating and nourishing treatment with hyaluronic acid and cryospheres. A personalised experience available in two tailor-made options:

Freshness & Hydration – Comfort & Nutrition

60 min – €125

NEOSERUM Expertise – Regenerating

Derived from Ginkgo Biloba leaves and boosted with hyaluronic acid, pro-collagen and niacinamide, this treatment smooths, evens and illuminates the skin.

40 min – €85

SUPREME Expertise – Youth & Light

A highly regenerating treatment with lactic acid and an integral magnolia complex.

60 min – €125

SLIMMING *Treatments*

Lymphatic Drainage

Manual Vodder Method.

A gentle, rhythmic method that stimulates lymph circulation, toxin elimination and reduces water retention. A precise, soothing and detoxifying treatment for an immediate feeling of lightness.

Maderotherapy

An ancestral technique from South America, maderotherapy uses wooden instruments to stimulate circulation, drain toxins and smooth the silhouette. A natural, invigorating and effective treatment combining deep well-being with visible results.

Palper-Rouler Massage

A natural massage technique designed to improve skin texture. The appearance of cellulite is reduced and the skin is toned.

1 session

60 min – €135

Course of 5 massages

€640 (-5%)

Course of 10 massages

€1,215 (-10%)

Special Heavy Legs Treatment

A targeted massage combined with a cryo wrap, ideal for stimulating circulation and providing an immediate feeling of lightness to heavy legs.

30 min – €60

PACKAGES

Ritual « My Essential »

A 30 min body scrub
A relaxing shower
A tailor-made 30 min massage

60 min – €120

« Relaxation Moment »

1 glass of champagne
1 tailor-made massage OR one 60 min
PAYOT Expertise facial treatment
1 meal in our restaurant

€160

« Escape Day »

1 meal on the SPA terrace, main course +
dessert + drink
1 60 min PAYOT Expertise facial treatment
1 detoxifying body scrub
1 tailor-made 50 min massage

€310

Signature Ritual “Le Daya”

A 30 min body scrub
A relaxing shower
A tailor-made 30 min massage
A hydrating PAYOT facial treatment

90 min – €180

« Golf & Relaxation »

1 18-hole green fee
1 daily menu
1 tailor-made 50 min treatment

€230

« Namaste »

Let go of body and mind through a
private 60 min yoga class followed
by a tailor-made 30 min massage.

1 person – 90 min – €165

Adult duo – 90 min – €280

Children's SPA

From age 5 to 12



TOOFRUIT
Les soins pour enfants

*The first French organic-certified dermatological brand for children's hygiene and skincare up to age 12.**

Children's SPA

My Sweet Little Face

A child's first organic facial treatment. Maintains the vitality and hydration of the skin, while respecting the child's morphology.

30 min - €50

My Relaxing Treatment

A child's first organic massage. Promotes relaxation, rest and self-confidence, while respecting the child's privacy.

30 min - €50

My Pretty Little Hands

A child's first organic hand massage.
Relaxation and soothing of the hands followed by nail polish application.

15 min - €20

Parent-Child Bonding

Private 30 min yoga class, followed by a 30 min massage.
A shared moment of relaxation, encouraging bonding, listening and connection.

60 min - €210

Parent-Child Duo

A relaxing and bonding moment during a tailor-made massage with your child.

30 min - €110



The Beauty Salon

Our beauty salon offers a selection of services to take care of you every day and for your special occasions.

Each service includes 2 hours' access to the SPA wellness area for guests not staying at the hotel.

Hands and Feet

Nail Polish Application

Classic nail polish application — **15 min – €20**
Semi-permanent nail polish application — **30 min – €45**
Semi-permanent nail polish removal — **10 min – €15**

Foot Beauty Treatment

Nail care, nail shaping and cuticle work, foot bath, scrub, hydrating massage, base coat application.
45mn - 55€

Hand Beauty Treatment

Nail care, nail shaping and cuticle work, hand bath, hydrating massage, base coat application.
45 min – €50

Callus Peeling Treatment

Anti-crack and callus foot treatment, hydrating massage, nail care and base coat application.
45mn - 55€

Waxing

Face

Eyebrow shaping — **€20**
Maintenance — **€15**
Upper lip — **€15**
Chin — **€15**

Body

Underarms — **€30**
Half arms — **€30**
Half legs — **€30**
Full legs — **€45**
Thighs — **€30**

Bikini

Classic bikini — **€40**
Brazilian bikini — **€50**
Full bikini — **€60**

Packages

Face package — 3 facial areas: **-10%**
Body package — Half legs + bikini + underarms: **-10%**
Body package — Full legs + bikini + underarms: **-15%**

Hair Services

Women

Shampoo - Cut - Blow-dry

Short hair — **€60**
Long hair — **€75**

Shampoo - Blow-dry

Short hair — **€35**
Long hair — **€45**

Hair treatment supplement — **€15**

Men

Shampoo - Cut — **€35**
Shampoo - Cut - Blow-dry — **€45**

Other service — **upon quotation**

General TERMS AND CONDITIONS OF SALE

Access :

The SPA is open every day from 9 a.m. to 7 p.m.

SPA access includes the use of :

- Indoor pool
- Indoor and outdoor relaxation areas
- Hammam

Animals are not allowed within the SPA premises.

Booking and cancellation :

Payment for the full service will be requested at the time of booking.

For your comfort, we recommend arriving at least 15 minutes before the start of your treatment.

In case of delay, if our schedule does not allow otherwise, your treatment time will be shortened so as not to delay the following appointments.

Any service cancellation must be made at least 24 hours before the appointment. A new appointment may then be offered. A refund for the service may be granted if no other appointment can be offered.

Minors :

Any minor under the age of 15 must be accompanied by a parent within the SPA premises.

All minors must be accompanied by a parent during treatments in the treatment room.

Children remain under the full responsibility and supervision of their accompanying parent, particularly in wet areas such as the pool.

Armbands are available on request at the SPA reception.

Attire :

A bathrobe and flip-flops will be provided upon arrival.

Underwear will also be provided for any body treatment or massage.

Towels are available in the relaxation area.

Please note that swimwear is mandatory in the wet and relaxation area.

The SPA cannot be held responsible for jewellery or valuables brought onto the premises.

Etiquette :

Please note that smoking is prohibited inside the SPA.

In order to preserve the harmony of the relaxation area, guests are asked to respect the peaceful atmosphere of the premises.

Phone calls are prohibited inside the SPA, and we kindly ask you to set your phones to silent mode.

For everyone's safety and well-being, running and shouting are prohibited within the relaxation area.

Any inappropriate behaviour towards our teams or other guests may result in the early termination of the treatment and removal from the establishment.

Health :

Please inform us at the time of booking of any specific medical condition, including allergies, cardiovascular problems, high blood pressure or pregnancy.

For your comfort and safety, we reserve the right to refuse certain services to anyone whose health condition is not compatible with our services.

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